



Guideline Name: Referral for Smoking Cessation	Effective Date: February 1, 2017
Sponsor: Millennium Collaborative Care	Type of Guideline: Medical

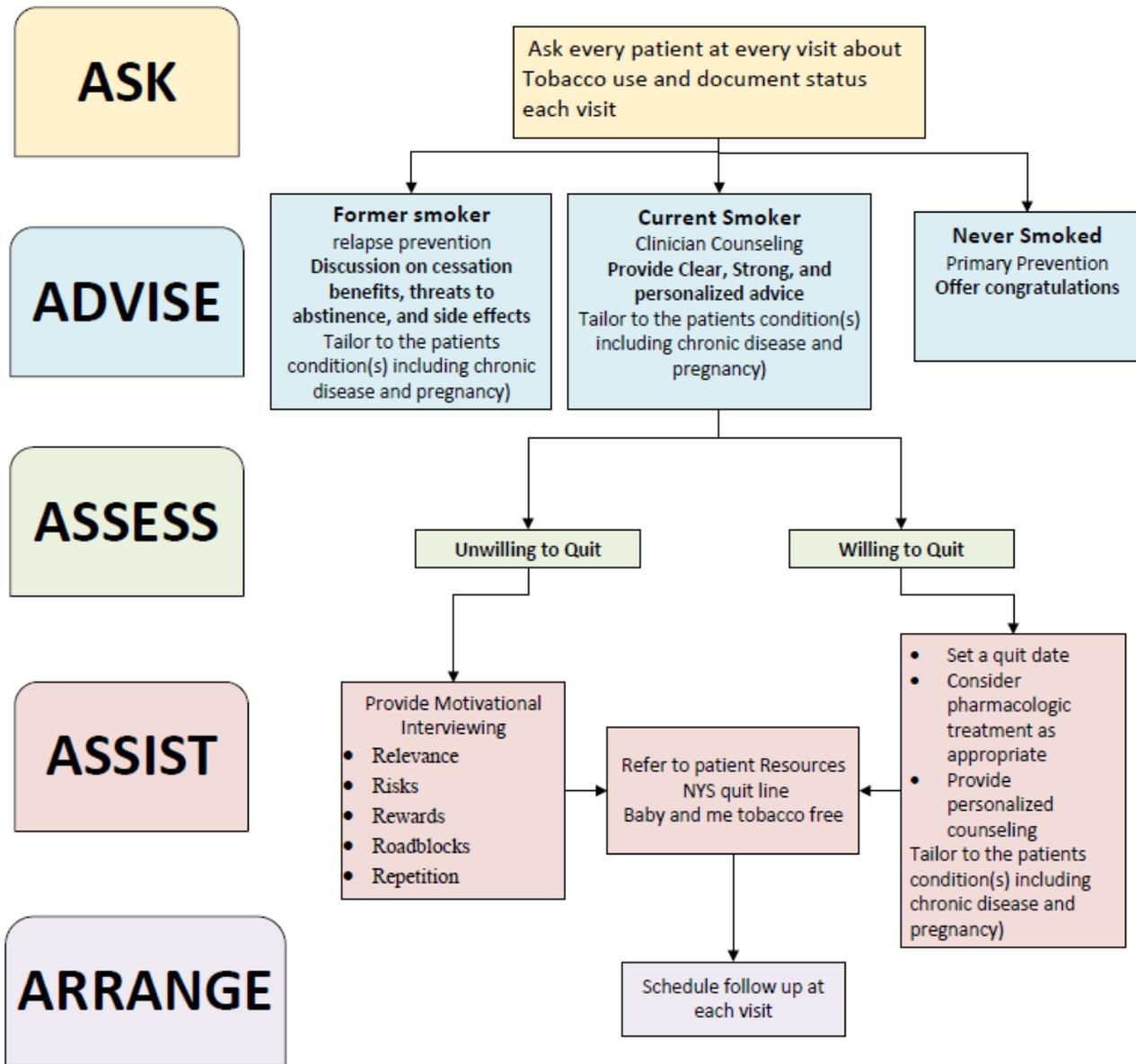
Purpose:

In an effort to decrease use of tobacco, including smokeless alternatives, in patients, the practice is working collaboratively with the New York State Smokers' Quitline or pregnancy tailored counseling such as Baby and Me Tobacco Free.

The following workflow will assist when talking to patients:

- During a scheduled visit, staff will screen patients for tobacco use and assess willingness to quit
- Patient identified as tobacco user. They will be advised to quit and will be offered counseling by the provider. This should include risks / adverse health consequences of smoking along with available treatment options including a referral to an evidence based cessation support group and pharmacotherapy
As applicable: In the electronic medical record (EMR), the clinical decision support (CDS) will guide the clinician once a patient has been identified as a tobacco user.
- Identified tobacco users will be informed that their contact information will be forwarded to the New York State Quitline only after they have given verbal consent. Pregnant tobacco users can be referred to NYS Quitline or pregnancy tailored counseling program
- When utilizing Quitline, staff will contact the Quitline by filling out the Smokers ["Fax to Quit" Referral Form](#). Once the form is filled out, fax to: 866-784-8329
- Patient will be educated as to what to expect from the referral resource.
Quitline: once the Quitline receives the information, patient will be contacted within 72 hours. The counselor will review the program with the patient
- If appropriate, patient will be prescribed nicotine replacement therapy and or cessation medications to assist while attempting to quit
- Provider will document tobacco dependence treatment efforts, including tobacco status, medications, counseling, referral to cessation support program and follow up.

Tobacco Cessation Workflow



References:

- <https://www.nhlbi.nih.gov/health/health-topics/topics/smo/risks>
- https://www.cdc.gov/tobacco/quit_smoking/
- <https://www.nysmokefree.com/>
- <http://www.babyandmetobaccofree.org/>