If baseline PHQ-9 positive **AND** clinical factors support major depressive disorder **AND** no clinical concern for bipolar disorder

Tritrate SSRI over 1-2 weeks to:
- Escitalopram 10mg daily
- Sertraline 50mg daily

**PHQ-9 down 5 or more from baseline**

Maintain dose

**PHQ-9 down 2-4 from baseline**

Reassess and repeat PHQ-9 in 4-6 weeks

Reassess and Repeat PHQ-9 in 4-6 weeks

Maximize dose as necessary if not at max to achieve PHQ-9 score between 0-4. Maintain dosage for at least 1 year before considering trial off

**PHQ-9 down 2-4 from baseline**

Adequate Clinical Improvement

**Yes**

Adequate Clinical Improvement

**Yes**

Adequate Clinical Improvement

**No**

Switch to NDRI and cross-titrated over 1-2 weeks
- Bupropion 150mg daily
- May titrate up to 450mg max after further PHQ-9 scores w/inadequate improvement in 4-6 weeks
- OR
- Switch to SNRI and cross-titrated over 1-2 weeks
- Venlafaxine 150mg daily
- May titrate up to 225mg max after further PHQ-9 scores w/inadequate improvement in 4-6 weeks
- Consider referral for weekly or bi-weekly Cognitive Behavioral Therapy

**Yes**

Adequate Clinical Improvement

**No**

Refer to Qualified Mental Health Professional and repeat PHQ-9 periodically during treatment